

PLC – Our Approach

Helping people boost practical life skills for everyday life *Learn together. Share ideas. Make positive change*

What is PLC?

-  Free, **in-person** friendly courses
-  **Local people helping local people**
-  We create **practical life skills courses**
-  We equip **local people** to run (or 'host') them
-  Courses are guided by volunteer **Hosts** based in Delivery Centres
-  Courses are in local communities: '**Delivery Centres**'
-  We enable, instead of running everything centrally – so **more people can access courses close to home**

We **provide**:

-  ready-to-use **course content**
-  simple, structured **session plans**
-  **guidance and support** for Hosts

Each course is:

-  **discussion-based** (no pressure)
-  practical and **easy to apply**
-  designed for **small groups**
-  **All** are welcome

Practical knowledge for everyday life *We create the courses. Local people bring them to life*

What to expect from the courses

-  **Discussion-based** sessions
-  **Shared** experiences
-  **Real-life challenges** explored
-  Practical steps at **your own pace**

Our 'community learning' model

-  **Knowledge made practical** : We turn **trusted ideas** into clear, **practical courses**

"Knowledge ready-to-use, no searching the internet or reading loads of books."

-  **Learn together** : Our courses encourage: **sharing** experiences, learning from **each other**

"Learning happens best when people support and inspire one another."

 **Local people help local people** : Volunteer **Hosts** bring courses to **local communities**, helping ideas **cascade & spread naturally**

"Communities grow stronger when knowledge is shared with each other."

Knowledge > Courses > Communities > More Knowledge  |  | 

Why this approach works

 People learn best in **familiar settings**

 Local settings feel more **comfortable**

 Small groups enable real **discussion**

 Strong **connections** develop

Who runs the courses?

They are guided by **volunteer Hosts**, who help highlight key ideas from the course material, encourage discussion and share personal experiences. Delivery Centres select and support Hosts

No qualifications or experience is required to host a course. Learning is shared not lectured

People learn from each other. The course material contains the knowledge, making it possible for **local people to help others learn**. This enables knowledge to spread through communities in a simple and scalable way

Local people helping local people

What are Delivery Centres?

 A local venue **where courses are run** (we prefer the term 'hosted') this can be almost **anywhere where people meet**. This could be: a community group, place of worship, GP surgery or even a home setting.

Delivery Centres create a **welcoming space** where people can learn together

PLC is 'locally led'

PLC is not a top-down organisation.

It's a growing network of Delivery Centres, each playing an important role in sharing practical life skills

Each Delivery Centre **manages its own delivery and day-to-day decisions**. This keeps learning local and personal & enables local people to help local people

So, for example, **Delivery Centres (& their Hosts) decide how long each session of a course lasts**, the number of sessions for each course and to what extent course material should be printed for attendees to use during a session

What PLC is not

PLC is **not therapy** or formal training – it is practical, discussion-based learning designed to support everyday life